



WESSEX ORIENTEERING CLUB
WESSEX GALOPPEN
Sunday May 5th 2019
FINAL DETAILS

Location. Rushmore Estate (Chase Woods). From the A354 Blandford - Salisbury road take the B3081 west through Sixpenny Handley (Take Care - 20mph). After approx. 2km, the event entrance will be signed on the right. [GR: ST 978172](#) Nearest post code: SP5 5RS

Parking and Assembly.

Parking will be on a wide track either side of the Assembly area and will be accessed via a long forest track/road. Please follow the signs and park as requested by the marshals.

Competitors will be crossing this access track in places, so extreme caution is required.

There will be a car parking fee of £1.00 per car (although we are being charged more than this by the Estate). Please have this exact amount ready for collection as you enter.

Unfortunately, there will be **no catering van** or squash/water at the event.

Due to the narrowness of the access track in places, competitors are strongly advised not to try and leave the competition area until 12 noon.

Toilets and First Aid will be located in the Assembly area.
Full A&E - 22km at Salisbury District Hospital SP2 8BJ

Car Keys – these can be left in the Enquiries Tent.

Dogs must be kept on a lead at all times.

Other users: although these are minimal in number, please respect them if you come across them.

Terrain

Chase woods is part of the Rushmore estate in the Cranborne Chase AONB. The forest lies on the chalk escarpment and is deeply cut into by three valleys. It covers 800 hectares, of which 400 ha is ancient semi-natural woodland with large numbers of ancient trees and several avenues of old beech trees. It is one of the largest woodland SSSIs in England. There are also large areas of coppice and conifer plantations which make for a variety of woodland compartments and varied woodland orienteering. The wood is criss-crossed by a network of rides and paths although the longer courses are planned to avoid too much path running. Bisecting the woodland is the Shire Rack, a centuries old historical boundary track separating the counties of Wiltshire and Dorset, and all courses will cross this ancient trackway.

Map

The map is 1-10,000 scale with 5m contours, updated in Winter 2018/Spring 2019 and converted to ISOM 2017 specifications.

The areas of severe wind blow from the gales in January 2014 have nearly all been cleared leaving rough open areas. Where these are really rough or have patchy brushings and/or brambles a 'slow run' or even 'walk' green screen has been applied. These screens have also been used in 'white' woods where brambles and other undergrowth impedes running to a greater or lesser extent. These are indications only of how runnable an area is, and can be quite patchy, but

hopefully it will assist competitors in making route choices. Courses have been planned to avoid the worst of the undergrowth. Only significant rootstocks have been mapped.

For White and Yellow courses the map will be A4 in size; for all other courses, it will be A3 in size. All will be on waterproof paper.

White and Yellow maps will be available for pick-up in the pre-start area.

Control Descriptions

White & Yellow courses will have text descriptions on the map and on the loose descriptions. All other courses will have pictorial descriptions on the map and on the loose descriptions. Loose descriptions will be on waterproof paper and will be available in the start lanes.

Map symbols

All symbols are to IOF 2017 standard.

Fences

All fences on the course area (with one small exception) are high deer fences. Please do not attempt to climb them as they are not substantial and it will offer no advantage on any course to do so.

Courses

The following courses are available:

| COURSE | LENGTH | CLIMB | COURSE | LENGTH | CLIMB |
|--------------------|---------------|--------------|--------------------|---------------|--------------|
| White | 1.7k | 35m | Short Green | 3.6k | 75m |
| Yellow | 2.4k | 50m | Green | 5.3k | 130m |
| Orange | 3.2k | 75m | Blue | 7.4k | 190m |
| Light Green | 4.1k | 75m | Brown | 9.7k | 245m |

Start and Finish The Start and Finish are approximately 150m from Assembly and will be clearly marked. The Finish is likely to be un-manned

There will unfortunately be **NO STRING COURSE** at this event.

Registration: 10.00 – 12.00

Start Times: 10.30 – 12.30

COURSES CLOSE AT 14.30

As usual all competitors MUST report to download even if they do not finish their course. ALL competitors are advised to carry a whistle and to wear full leg cover as there are brambles in places. The wearing of cagoules may be required, dependent on the weather conditions. Advisory notices will be displayed in the Assembly area.

Safety Bearing: if you are lost and on the east side of the map, head West until you hit the main track running SE/NW; or if you are on the west side of the map, head East to the same track.

Procedure on the Day:

For people who have NOT pre-entered:

Entry on Day (EOD) form given out on entering the car park. Complete the form and then go to EOD tent. If you need to hire a dibber, write "Hire" on the EOD form beneath the words "Dibber No."

Pay for the event and dibber (if applicable)

Go to Registration/Download Tent

Go to start between 10.30 and 12.30

NOTE: Entry on the day is available while map stocks last. When maps for your preferred course have run out, you must choose an alternative course.

For people who have pre-entered but require a Dibber:

- 1) Collect allocated S.I. dibber at Enquiries tent
- 2) Go to start between 10.30 and 12.30

For people who have pre-entered with their own Dibber:

- 1) Go to start between 10.30 and 12.30

NOTE: NO ALLOCATED START TIMES ARE BEING GIVEN. SIMPLY GO TO THE START WHEN YOU ARE READY AND TAKE THE NEXT AVAILABLE TIME SLOT FOR YOUR COURSE.

Entry on the Day Fees

| | |
|-----------------|--|
| BOF Seniors | £12.00 |
| Non BOF Seniors | £14.00 |
| Juniors | £5.00 |
| Senior novices | £6.00 (White, Yellow or Orange) |
| Dibber hire | £1.00 (£30 charge for any lost Dibber) |
| Extra map | £1.00 (for novices who wish to run in pairs) |

Cancellation

In the event of severe weather, information as to whether or not the event will go ahead will be placed on the WSX website <http://www.wessex-oc.org>

The club reserves the right to retain part of the entry fee to cover incurred costs in the unlikely circumstance that the event has to be cancelled for any reason whatsoever.

Biosecurity

Please come to the event with clean and dry shoes and clothing. After your run please follow the guidance to help protect the environment:

- **Check**
- **Clean**
- **Dry**

Before leaving the event check your clothing and equipment and remove any mud, soil or leaf litter. Once home thoroughly clean your footwear and clothing and then leave it to dry for as long as possible. Many invasive non-native species are able to survive in damp corners for very long periods of time, but are less able to survive if the equipment is thoroughly dried.

Ticks – please check for ticks after you've run

Organiser Julie Astin 07584 430587

Planner Jolyon Medlock - WSX (on the day - Rob Hick - WSX)

Controller Kevin Pickering – WIM (on the day - Roger Crickmore - WSX)

HOPE YOU ENJOY THE DAY!!