



The Poole Town Race

A Southern England Orienteering Urban League (SEOUL)

Please Note Change of Date and Venue

Sunday 18th June 2017

Venue: Poole Park. BH15 2SF. East end near the Ark Café.

Parking: Some parking in Copse Close or else Civic Centre Car Park off Sandbanks Road. BH15 2RU.

Terrain: Flat urban running around Poole. Terrain will include the network of alleys in the old town and Poole Quay.

Support: Help and instruction available. Novices & families welcome.

Map: 1:4,000 overprinted. Map updated 2017. Courses 5 & 6 will use Poole Park

Timing: S.I. Electronic timing. SI-card (dibber) hire £1.

Courses:

Course	Classes
1	Men Open, Men Veterans (M40 & 50) Women Open
2	Men Super Veterans (M55 & 60) Women's Veterans (W40 & 50)
3	Men Ultra Veterans (M65+) Women Super Veterans (W55 & 60)
4	Women's Ultra Veterans (W65+) Hyper Vets (M/W 75+)
5	Men/Women Junior (M/W 16-)
6	Men/Women Young Juniors (M/W 12-)

Times: Registration: 10.00 onwards

Starts: 10.30 to 12.00

Fees: Courses 1-4: Online - £10 (£12 non-BOF); Entry on Day - £11 (£13 non-BOF); Courses 5-6: £5

Entries: Online via www.fabian4.co.uk or entry on the day while maps last.

Facilities: Food & drink – Ark Café and local shops; Public Toilets nearby

Officials: Planner: Ian Sayer; Controller: Karen French (WIM)

Organiser: Julie Astin: julie.astin@hotmail.co.uk

Orienteering is an outdoor adventure sport. Competitors take part at their own risk and are responsible for their own safety.

www.wessex-oc.org