

Canford Heath Urban – Planners Notes

Course	Distance (Km)	Climb (m)	Controls	Age Groups
1	7.9	80	30	MO
2	6.7	75	24	WO. MV
3	5.2	65	22	WV, MSV
4	3.9	50	20	WSV, MUV, JM, JW
5	3.2	40	16	WUV, MHV
6	2.3	25	13	WHV
7	2.5	25	19	YJM, YJW

All Main Roads on the map are strictly Out of Bounds. Only Courses 1 & 2 cross these roads and **Underpasses MUST be used**. Courses are planned to make the Underpasses the Optimum Route.

Course 7 is entirely within parkland and does not cross or encounter any roads. It contains a Butterfly loop, i.e. Control 11 and 14 are the same and must therefore be visited twice. Parents/Guardians – please ensure children on this course are aware of this.

Courses 1 – 6 cross minor roads. Care should be taken when crossing these as not all drivers are as considerate to pedestrians as some.

This is a housing estate, so please be considerate of residents whilst competing. Under no circumstances should any private land be crossed (marked with Olive Green), no matter how tempting.

Green forest and heavy undergrowth are unpleasant – you would do well to avoid trying to cross them! If you follow this advice, all courses can be completed in shorts.

All distances in the table above are straight line. Competitors can expect to travel further in order to find the optimum route! This will

add about 3Km to Course 1, proportionally less for the other courses. Course 7 optimum route is just slightly longer than the straight line distance.

All controls are secured with gripples and most use the Small (15cm) kites.

The map scale is 1:4,000 with 2.5m contours. All map symbols are standard IOF Urban, with the exception of a Post – which is shown similarly to a Boulder.

No Start Times just turn up and go between 1.00 and 2.30 p.m. Start and Finish are both very close to Registration.

-  Ashdown Leisure Centre/Magna Academy
-  Scout Hut/Assembly
-  Parking - Verity Crescent



