



FINAL DETAILS

for

Hardy Relays

Sunday 16th July 2017

Venue: Broadstone Recreation Ground and Hillbourne.

Parking: Near the Bowling Club – in nearby roads. Grid Ref is SU009959. Nearest Post Code is BH18 8AH.

The Wessex Orienteering Club tent will be found nearby – follow the signs.

Terrain: A mixture of parkland plus surrounding urban streets (Junior courses will only be in the park)

Map: We will be using the Broadstone Recreation Map for Juniors (A4) and the Senior Courses will also use part of the Hillbourne Map (A3)

Timing: S.I. Electronic timing.

Courses: South West Region Relay Series - **Harris Relay** format:



Junior Harris Relay - 19 controls including 6 spine controls which have to be visited by everyone. The remaining 13 are to be allocated amongst the team.

Senior/Vets Harris Relay - 25 controls including 6 spine controls which have to be visited by everyone.

In each case the **spine controls** are marked on the map with a **blue circle** and a **white shadow** around the number to make them stand out. They also show 100 points alongside (see below)

On the **Control Descriptions** the spine controls are listed at the top and have 100 in the first column, the rest have 10. **The points don't mean anything it is just to help the spine controls to stand out.**

There will **not** be any loose control descriptions. Senior's/Vet's are pictorial and Junior are text all on the front of the map.

Juniors are all within the confines of the Recreation Ground so there is no need for them to go out to the roads.

Seniors/Vets will all have to cross the main Broadstone Road which has fast moving traffic on. However, on a Sunday it shouldn't be too busy and the road is straight with good visibility. But competitors must still ensure they cross safely.

It is possible that either cricket or football (or both/neither) may be taking place on the pitches in Broadstone Rec. If so competitors are asked to skirt around any games in play.

There is also an Individual 45 minute score

Times: Registration: from **11.30 onward** but please ensure that your Teams are registered before midday.

Starts: Individual runs from **1300-1330** **Relay teams - see next page.**

Courses close:14.30

Fees: Seniors and Vets (60+) £6.00 (£18.00 per team of 3)

Juniors (up to 21) £3.00 (£9.00 per team)

S. I. Dibber hire £1.00 (free for juniors)

Entries: All entries (team and individual) to Tim Houlder by **6th July** please, to reserve an overprinted map. Please include each team member's age category for working out handicapped start time. Mail to: tim.houlder@ntlworld.com

Facilities: there are no public toilets in the park, but the Wetherspoons pub in Broadstone is only a few minute's walk away.

RELAY COMPETITION

Relay Team Start times are calculated by taking the total team handicap away from the base time of **13.00**.

For the Senior and Vets (M/W 60+) race add together the following handicaps then divide by three.

BOF AGE	Handicap	BOF AGE	Handicap	BOF AGE	Handicap
M10	17	M55	10	W21	4
M12	15	M60	11	W35	8
M14	12	M65	13	W40	12
M16	6	M70	16	W45	14
M18	2	M75+	19	W50	17
M20	1	W10	17	W55	19
M21	0	W12	16	W60	22
M35	3	W14	14	W65	25
M40	5	W16	11	W70	28
M45	6	W18	8	W75+	31
M50	8	W20	5		

As an example: a Senior team consisting of an M40, W50 and W55 competitors would have a total handicap of $(41 / 3) = 13$ minutes 40 seconds, giving a start time of 12:46:20 (13.00 less 13:40mins)

A **registration form** (available on the morning) must be handed in to the registration tent **at least 30 minutes before your due start time.**

Registration opens at 11.30

Competition Rules:

All members of a team punch at their start time and will be handed 3 maps. The map will show a set of “Spine” controls which **ALL** team members must visit and a set of additional controls, which must be visited by at least one team member.

Teams will be given a **30-minute Penalty** in the event that:

1. one or more of the team does not visit all spine controls
2. one or more controls is not visited by at least one team member.

Officials: Joint Planners – Sheila Gold and Kay Sayer
Organiser: Julie Astin 07584 430587 and Ian Sayer

Orienteering is an outdoor adventure sport. Competitors take part at their own risk and are responsible for their own safety.

www.wessex-oc.org

