



WESSEX ORIENTEERING CLUB



SWOA/SCOA Compass Sport Cup/Trophy Sunday 22nd Jan 2023, Holmsley, New Forest

Location

The event will be based at the Holmsley Campsite, Forest Rd, Burley, New Forest, BH23 7EQ GR [SZ214992](#). What3words [bill.diets.pegs](#) .

We would like to thank Forestry England for the use of the campsite and surrounding areas on which the event is held. Some members of Southampton Orienteering Club are assisting WSX in the running of the event .

Parking on will be on hard standing within a few hundred metres of registration. **Do not** park with any part of your vehicle on the grass, there is plenty of hard standing available. Please arrive after 08.30.

Due to the likely state of the ground, the permit says that no competitors' tents should be erected.

Toilets will be available and Podium Catering will be in attendance

Terrain

Terrain is mostly open undulating plains, interspersed with uncrossable bog tussock and forested areas. Longer courses cross the Castleman Trailway which was the old Southampton to Ringwood railway line. Expect a lot of contour feature navigation with many earth features and constantly changing viewpoints around all courses. All the courses also access the Holmsley Enclosure which is a mixture of plantation and old growth forest.

This is a popular area that is used by other people including walkers, cyclists and horse riders. Please be considerate if you encounter other members of the public during your run.

Certain areas contain protected species and vegetation barriers have been erected around them. Competitors must not cross these barriers.

Mapper's Comments

Gorse. There is scattered gorse in several parts of the open heath, mapped with wide-spaced green lines (Undergrowth: slow running symbol). Where it is denser, but still possible to find a way through, it has been mapped with narrow-spaced

green lines (Undergrowth: walk symbol). This mapping should give a reasonable indication of runnability but should not be used for fine navigation purposes.

These symbols have also been used where there is significant bracken (although this may be more runnable than when initially mapped)

Ditches. Not all ditches have been mapped, only the more significant ones.

Horse tracks . There are many of these, particularly in the open heath, and are not always mapped.

Root stocks Only the more significant ones (>1.5m) have been mapped and are represented as green crosses.

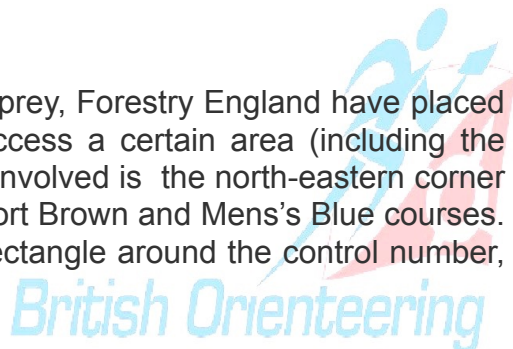
Hides are mapped with a black cross.

All courses are printed on A3 waterproof paper at 1:10,000 scale

Times

Arrival After 08.30 please
Start times 10.00-12.00
Courses close 14.00

Because of the presence of roosting birds of prey, Forestry England have placed very strict requirements on when we can access a certain area (including the placing and collecting of controls). The area involved is the north-eastern corner of the area and only visited by the Brown, Short Brown and Mens's Blue courses. Controls in this area, which will have a red rectangle around the control number, will be subject to the following limitations.



- 1) It is planned that these controls will all be working normally by the time the first runners arrive there, however it may be necessary for for the first runner at any of these control to have to physically dib the control to wake it up.
- 2) Controls in this area will start to be removed at 13.30 sharp and will all have been removed by 14.00, by which time all competitors must have left this area (and should in fact have finished as courses close then !)

Whilst neither of these limitations are ideal, they have been forced on us by the access requirements to the land.

Courses

Course	Age Group	Distance (km)	Climb (m)
1. Brown	Men Open	11.8	160
2. Short Brown	M20- M40+	9.0	90
3. Blue Women	Women Open	6.8	70
4. Blue Men	M50+	7.3	70
5. Green Women	W20-, W45+	5.4	40
6. Green Men	M60+	5.3	45
7. Short Green, Veterans	M70+, W60+	4.7	50
8A Green, Junior Men	M18-	5.3	45
8B Short Green, Junior Women	W18-	4.5	55
9A Orange Men	M14-	3.6	45
9B Orange Women	W14-	3.6	45
10 Short Green, Supervets	M80+, W70+	4.0	50
11. White	Open	2.1	30

Shadowing of competitors is not allowed on any course except for White. Anybody shadowing MUST NOT do so before they have a competitive run.

Early finishers should obviously not discuss their courses with people yet to start.

There will also be a free string course close to registration

Clubs Competing

Cup Devon, TVOC, SN

Trophy WSX, Kerno, SOC, Sarum, WIM, NWO, BKO, BADO

Dibber Hire/ Entries

Anybody who needs to collect a hired SI dibber should go to the enquiries / dibber hire tent. Those who have their own SI dibber can go straight to the start.

Entry on the day is only available for the white course while maps last. To enter please go to the enquiries / dibber hire tent preferably with the correct money (£5.00 and free dibber hire for all) .

Start

The start for all courses will be 300m from registration, follow the signs and tapes. A list of start times will be available on the WSX website. **NB some of these may have changed slightly from what you originally requested.** Call up will be 5 mins before your start time.

Your allocated start times must be adhered to. If you miss your time the organisers will start you at the the next available slot. For the more popular courses that may involve a considerable wait.

There will be a punching start. **All competitors including those with SIAC dibbers must physically dib into the start control.**

Finish

The finish will be 500m from registration and will be manned. **All competitors including those with SIAC dibbers must physically dib into the finish control** then follow the tapes/signs back to the download tent.

ALL COMPETITORS MUST GO TO DOWNLOAD EVEN IF THEY HAVE NOT COMPLETED THEIR COURSE. FAILURE TO DO SO MAY RESULT IN A SEARCH PARTY BEING SENT OUT TO LOOK FOR YOU.

Safety

Orienteering is an adventurous activity and all participants must accept there is an element of risk involved in taking part.

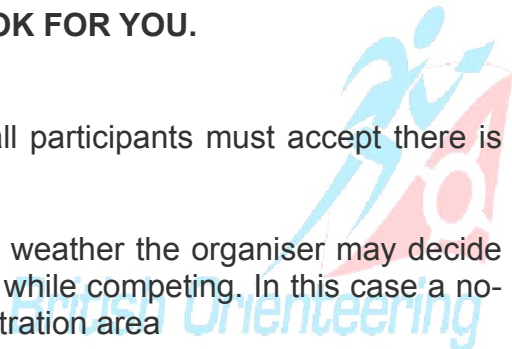
All competitors should carry a whistle. In bad weather the organiser may decide that cagoules must be either worn or carried while competing. In this case a notice to this effect will be displayed at the registration area.

A number of marshes are marked as out of bounds and **MUST NOT** be crossed. In wet weather some of the other marshes may be difficult to cross and so a route that detours round them maybe the better option.

The longer routes cross a number of very minor roads. These crossings are not manned so due care should be taken. On some courses running along these roads may be necessary for short sections. If possible try and run by the sides of the road rather than on the tarmac itself.

New Forest Ponies are sometimes seen in this area. Although they are used to people the should not be approached or fed.

All competitors should follow the [New Forest Code](#)



Trained First Aiders will be located at registration . If you require their help please ask at enquiries,

The safety bearing is generally to head South West which will bring you either back towards the campsite or a road leading to it.

Despite it being winter, some ticks still seem to be active and looking for passing people to feast on. Please check yourself for them after the event.

The A35 to the east of the map is out of bounds and is marked so on the maps.

An emergency phone number is printed on all the maps.

Dogs

Dogs are allowed in the assembly area if kept on a lead. There are not allowed on the courses. Any mess created by your dog must be picked up and removed from the site.

Smoking

Smoking is not allowed in the assembly area.

Environment

Please come to the event with clean and dry shoes and clothing. After your run please follow the guidance to help protect the environment:

- **Check**
- **Clean**
- **Dry**

Before leaving the event check your clothing and equipment and remove any mud, soil or leaf litter. Once home thoroughly clean your footwear and clothing and then leave it to dry for as long as possible. Many invasive non-native species are able to survive in damp corners for very long periods of time, but are less able to survive if the equipment is thoroughly dried.

Cancellation

In the event of cancellation a message will be placed on the Wessex Orienteering Club's web site and an email sent to the captain of each competing club

If there is a cancellation Wessex Orienteering Club reserves the right to retain a fraction of the entry fees to cover expenses already committed

Event Officials

Organiser	Roger Crickmore (WSX) roger.crickmore@btinternet.com
Planner	Jason Falconer (WSX)
Controller	Ian Moran (SOC)



British Orienteering