

# Wessex Orienteering Club

## ORIENTEERING FOR BEGINNERS at POOLE PARK

Saturday 7<sup>th</sup> January 2012

COURSES: White (very easy, around 1.5 km), Yellow (easy, around 2 km) and Orange (medium, around 3-4 km) for beginners plus a 45 minute score event (try and get to as many controls as possible in the allotted time) for the more experienced.

Registration & Start near the car park at the back of the Cafe by the miniature railway

Entries: £2 per map (you can complete the course in teams/families)

Registration: 13.00 – 14.00  
Starts: 13.15 – 14.30

Instruction and coaching will be available.

[www.wessex-oc.org](http://www.wessex-oc.org)

It would help the organisers considerably if you would email them to let them know you intend to come (this does not commit you to anything but will help with the provision of maps): [gavin.clegg@parkstone.poole.sch.uk](mailto:gavin.clegg@parkstone.poole.sch.uk)

Orienteering is an adventure sport, competitors take part at their own risk. Please ensure you have suitable clothing for a winter event. Wet weather gear may be necessary. A whistle must be carried.

**For our next events please see the website.**

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