

What can I do now I have completed the course?

Firstly well done for completing the course!

Come back on another day and try one of the other courses on the map or even design a new course yourself.

There are three more permanent orienteering courses on parkland in the local area to enjoy at;

- ? **Littledown Centre**
- ? **Poole Park**
- ? **Upton Country Park**

Also you can try orienteering in some real forest on the permanent course in **Moors Valley Country Park**

All details and maps for these courses can be found on the Wessex Orienteering Club (WSX) website:

www.wessex-oc.org

If you want to join the WSX club or find out more about orienteering, read through the enclosed leaflet on the sport of orienteering or get in touch with the WSX Club through their website. You can be sure of a friendly and supportive welcome.

**Enjoy the outdoors and the wonderful environment
around us... get orienteering!**

*Neighbourhood Management
in Springbourne and Boscombe West*



Leisure Orienteering

Leisure orienteering at Kings Park is an outdoor activity that everyone can enjoy.

The courses on the orienteering map have been put together by the Wessex Orienteering Club to ensure that you make the most out of exploring the grounds of Kings Park.

Orienteering is a great activity because you can;

- ? Take on a new challenge
- ? Set your own pace
- ? Get outside into the fresh air
- ? Improve your map reading skills
- ? Enjoy orienteering on your own or as part of a group
- ? Compete against others to improve your skills

If you are new to orienteering, please read the information in this booklet to learn how to get started.



in partnership with



How to use your orienteering pack

The aim of orienteering is to;

1. Chose one course from the three along the bottom of the map.
2. Navigate from 'Start' to 'Finish' on your chosen course.
3. Visit all the intermediate control points on your course.

Each control point has a red circle on the map and a number alongside it. When you get to the control point you will find a post, which has a red and white marker attached to it. The post will be marked with a letter.

Q/ How do I know I am at the correct control point?

A/ Look at the letter given in your course. Is it the same as the letter on the post? If it doesn't match, you have found the wrong control point so you will need to go back to the previous control point and try again.

Handy tips!

1. Always point your map in the direction you are going.
2. Try to identify the main features that are shown on the map with the real features you see on your left and right.

You can now have competitions with your friends or family to see who can complete a course the fastest. If you are keen, you can do the course in reverse order or you even design your own course.

Control Descriptions

In orienteering, it is a rule that every control point must be on a recognisable feature, so that it can be described.

The descriptions for your control sites are:

1. A Fence Corner
2. F Tree
3. D Tree
4. H Tree
5. L Fence Corner
6. J Fence
7. K Fence
8. G Path End
9. C Corner of trees
10. B Corner of shrubs
11. N Path Crossing
12. P Thicket, SW Side
13. S Tree
14. E Flower Bed, SW End
15. M Fence
16. T Thicket, SE Side
17. V Path Junction
18. B Bank, Top

Disclaimer

Orienteering in Kings Park is done entirely at the participants own risk and on the condition that they have no claim whatsoever against the Wessex Orienteering Club or Bournemouth Borough Council for any loss, damage or injury however suffered or caused. Take care when using the grounds.

Note: Possession of any part of this pack does not imply right of access for Orienteering or any other purpose.